

A dark, atmospheric stage setting with a single spotlight illuminating the text from above. The background is black, and the spotlight creates a soft, circular glow around the text.

# *We Need to Talk About Weight Bias*

Sara FL Kirk PhD on behalf of the EveryBODY  
Matters Collaborative





With permission, <http://www.johnholcroft.com/>









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[www.carlwarner.com/foodscapes/](http://www.carlwarner.com/foodscapes/)











#weightbiasaware



# The Fat Pedagogy Reader

CHALLENGING WEIGHT-BASED OPPRESSION THROUGH CRITICAL EDUCATION



*Edited by Erin Cameron & Constance Russell*









► PUBLIC SWITCH TO PROFESSIONAL

# The Public Voice for Canadians with Obesity

## Respect. Knowledge. Action.

The mission of the Canadian Obesity Network (CON) is to improve the lives of Canadians affected by obesity through the advancement of anti-discrimination, prevention, and treatment efforts.

### This website is your one-stop resource for:

- Support to **remove the stigma** from obesity and **bring positivity and respect** to those who are affected by it
- Credible and evidence-based information and tools designed to **change how we perceive** and **discuss obesity**
- **Connecting to a community** of researchers, health professionals and policy makers who want to **make a difference** in the lives of those living with obesity

# CON Public Webinar Series



**PUBLIC  
WEBINAR SERIES**

Our experts weigh in on issues in obesity bias and discrimination, prevention, treatment, policy and more.

**INSIGHTFUL, ENGAGING  
AND ALWAYS FREE.**

[obesitynetwork.ca/webinars](http://obesitynetwork.ca/webinars)



Made possible through the support of our partners



## ISSUE #4:

### **EveryBODY Matters:**

#### Challenging Weight Bias & Discrimination in Our Everyday Lives

Join us as we welcome Dr. Angela Alberga, Banting CIHR Postdoctoral Fellow at the University of Calgary, and Dr. Sara Kirk, Canada Research Chair in Health Services Research at Dalhousie University. They're both part of the CON-RCO EveryBODY Matters Collaborative, a strong multi-disciplinary partnership of weight bias and obesity stigma researchers from across disciplines and research areas that is hosting the 3rd Weight Bias Summit in Edmonton May 26-27, 2016. To coincide with that event, Drs. Alberga and Kirk will discuss the significant impacts of weight bias and discrimination in Canada – and what we can all do about it.

**TUESDAY, MAY 24, 2016**

**12:00 PM TO 12:45 PM EST**



# 3<sup>rd</sup> Canadian Weight Bias Summit



## EveryBODY Matters

3<sup>rd</sup> Canadian Weight Bias Summit:

Moving beyond raising awareness to creating change!



May 26-27, 2016 | Edmonton, Alberta

[obesitynetwork.ca](http://obesitynetwork.ca)











# *Thank You*

EveryBODY Matters Collaborative members:

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Sara Kirk

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Shelly Russell Mayhew

And the Canadian Obesity Network Public  
Engagement Committee